



Oak Bay Emergency Program

1703 Monterey Avenue, Victoria, British Columbia, V8R 5V6

www.oakbayemergency.com

*Building a Disaster Resilient Community
"Neighbours Helping Neighbours"*



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Emergency Preparedness Begins with YOU! Workshops

Time: 6:45(Sign-in)– 9:00 pm

FREE! Pre-register 250-592-9121 (Fire Hall)
or coordinator@oakbayemergency.com

Monday, March 22, 2010

Emmanuel Baptist Church
2121 Cedar Hill Cross Road

Tuesday, May 4th, 2010

(Emergency Preparedness Week)

Windsor Park Pavilion
2451 Windsor

These **two-hour workshops** will provide you with detailed information on how to be personally prepared to enable you and your family to be self-sufficient for a minimum of 7 days after a major emergency or disaster.

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SENIORS MITIGATION & PREPAREDNESS INITIATIVE

The **Emergency Preparedness Outreach Team** offers regular workshops at Monterey Recreation Centre as well as for seniors' residences and 55 + complexes throughout the community. **ASK US! 250-514-5249**

Mitigation & Preparedness for Seniors Workshop: Keeping you Safe!

Thursday, April 29th, 2010

Time: 10am-NOON

Location: Monterey Centre

Learn what hazards you should mitigate & prepare for, how to develop your Personal Preparedness Plan, what you need in your Grab & Go Bag as well as the resources within Oak Bay.

Sign up: Front desk Monterey Centre or call 250-514-5249 (Sonja)

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Join our VOLUNTEER Teams!

Emergency Social Services

meets the 4th Tuesday of the month at various locations throughout Oak Bay

Contact Sonja 250-514-5249 or email: sruthe@oakbayemergency.com

Amateur Radio Communications

meets on the air every Wednesday evening throughout the year

Contact Philip at 250-592-9121 or email: dsfa@islandnet.com

Fire Extinguishment Training

Saturday, February 27th OR April 24th, 2010

Time: 10am-Noon

Location: Oak Bay Fire Hall

1703 Monterey Avenue

Instructors: Oak Bay Fire Department

Learn about how to properly use a Fire Extinguisher.

REGISTER: 250-592-9121 or

coordinator@oakbayemergency.com

**EMERGENCY PREPAREDNESS WEEK
ACTIVITIES**

May 2-8th, 2010

Tuesday, May 4th - 6:45- 9 pm

Emergency Preparedness Workshop
Windsor Park Pavilion, 2451 Windsor Rd

Saturday, May 1st - 1-4 pm

Group Lodging Exercise

St. Patrick's Church, 2060 Haultain

Register as an Evacuee!

RSVP@oakbayemergency.com

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Main Contacts:

Deputy Chief Dave Cockle
Deputy Emergency Coordinator
250-592-9121 (Fire Hall) or
coordinator@oakbayemergency.com

Sonja Ruthe

Community Emergency Preparedness Coordinator
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