



Oak Bay Emergency Program

1703 Monterey Avenue, Victoria, British Columbia, V8R 5V6

The Corporation of the District of Oak Bay

www.oakbayemergency.com

*Building a Disaster Resilient Community
"Neighbours Helping Neighbours"*

Newsletter

Fall 2009

Message from Dave Cockle, Deputy Emergency Coordinator

I hope everyone has had a great summer! Members of our community have been busy with response and recovery efforts to this summer's wildfires as well as planning for a second pandemic wave expected this fall. The focus for this coming year is on increasing the preparedness levels of our seniors and those organizations that serve them. We received a \$10,000 UBCM Seniors Housing & Support Initiative Grant to assist us. Our evening Emergency Preparedness Workshops will provide you with skills and information to help you and your family be self-sufficient for a minimum of 7 days in the event of an emergency or major disaster. The Seniors daytime workshops also focus on building personal networks and reunification plans. Being personally prepared is the first step in building a disaster resilient community. We also offer Public Information Sessions throughout the year where we invite guest speakers to share their knowledge and experiences with us. On September 26th, we will be offering a set of mini, hands-on and interactive workshops to help our community take action to be better prepared. All workshops and training are FREE! Some require pre-registration.

Please check the website or contact the Emergency Program for more information or volunteer opportunities.

Emergency Preparedness Begins with YOU!

2 hour Workshops

Time: 6:45(Sign-in)– 9:00 pm

Tuesday, September 15th

Windsor Park Pavilion
2451 Windsor

Monday, November 16th

St. Patrick's Church
2060 Haultain

Disaster First Aid

Wednesdays

October 21st & 28th (2 pt course)

Time: 6pm-9pm,

Location: Windsor Park Pavilion
(Windsor at Transit)

Instructor: St. John Ambulance
Learn to how to Triage & apply First Aid. Wear comfortable clothes. Bring a blanket.

FALL Schedule

September - December 2009

Emergency Preparedness Workshops

All Workshops and Training are Free! Please pre-register at 250-592-9121 (Fire Hall) or coordinator@oakbayemergency.com

Fire Extinguishment Training

Saturdays

September 26th OR

November 21st

Time: 10am-Noon

Location: Oak Bay Fire Hall
1703 Monterey Avenue

Learn about how to properly use a Fire Extinguisher.

Instructors: Oak Bay Fire Dept

SENIORS MITIGATION & PREPAREDNESS INITIATIVE

The Emergency Preparedness Outreach Team will offer monthly Information Sessions & Workshops

Display & Info Table

Tuesday, September 29th

Time: 11am-1 pm

Location: Monterey Centre lobby

Mitigation & Preparedness for Seniors Workshop:

Keeping you Safe!

Wednesday, October 21st

Time: 10am-NOON

Location: Monterey Centre

Learn what hazards you should mitigate & prepare for, how to develop your Personal Preparedness Plan, what you need in your Grab & Go Bag as well as the resources within Oak Bay.

Sign up: Front desk Monterey Centre or call 250-514-5249 (Sonja)

Fall Public Information Sessions & Training

What: The Emergency Program regularly hosts **Public Information Sessions** with invited guest speakers
When: 7:00- 8:30 pm
Where: Windsor Park Pavilion, 2451 Windsor

October 13th, 2009, 7:00 pm

Wildfires 2009: Response & Recovery, Lessons Learned

Guest Speakers: Bev Stenning MST (Mobile Support Team); Hansi Bhagwanani (Red Cross); Elysia Demspey (Red Cross) & Sonja Ruthe (DPS) Disaster Psychosocial Services

Bev, Hansi, Elysia and Sonja all responded to the Wildfires in a variety of capacities, some more than once and for different organizations to West Kelowna, Vernon and Kamloops. They will share what they did, what worked well, lessons learned and how we can use this information to help prepare our communities.

November 17th, 2009, 7:00 pm

Mitigation in Recovery

Guest Speaker: Jim LaMorte, Smart Risk Control, Inc.

Drawing on examples from BC, the US and Australia, Jim will share his expertise on the relationship between hazard mitigation and community recovery. He will examine the benefits and challenges of "building back better" by incorporating mitigation in community recovery as well as offer suggestions on designing mitigation programs. Topics will include the potential use of government disaster financial assistance, commercial insurance, and donated funds in hazard mitigation after a disaster.

Hands-on Interactive Mini-Workshops (details soon on www.oakbayemergency.com)

SATURDAY, September 26th 12:30 (sign-in)

1 pm-4:30 Windsor Park Pavilion

Pandemic Preparedness - how to protect yourself, your family and preparing to Shelter-in-Place

Non-structural mitigation - learn how to secure bookcases and other items in your home to protect yourself and your escape route in the event of an earthquake

Grab & Go Bag; Shelter-in-Place Supplies - what should be part of your kits, where to get supplies

Community-based Organizations & Emergency Planning



Our current community partners in planning for and building a Disaster Resilient Community



Oak Bay Parks & Recreation

Oak Bay Recreation Centre
 Monterey Seniors Centre
 Henderson Rec Centre

Churches

St. Patrick's Church
 Saint Philip's Church
 Oak Bay United Church
 Emmanuel Baptist Church
 St. Mary's Church

Kiwanis Club of Oak Bay

The Corporation of the District of Oak Bay

Oak Bay Volunteer Services

Schools

Monterey Middle School
 Willows School
 Glenlyon Norfolk Jr School
 St. Michaels Jr School

Baptist Housing Shannon Oaks

Business

TD Canada Trust
 Oak Bay Ave Businesses
 Estevan Merchants Association

Oak Bay Emergency Program

www.oakbayemergency.com

Main Contacts:

Dave Cockle

Deputy Chief & Deputy Emergency Coordinator

250-592-9121 (Fire Hall) or coordinator@oakbayemergency.com

Sonja Ruthe

Community Emergency Preparedness Coordinator

250-514-5249 or sruthe@oakbayemergency.com

Philip Lin

Emergency Communications Coordinator

250-592-9121 (Fire Hall) or dsfa@islandnet.com