



Oak Bay Emergency Program

1703 Monterey Avenue, Victoria, British Columbia, V8R 5V6

The Corporation of the District of Oak Bay

www.oakbayemergency.com

November 2007

Schedule of Events November 2007-February 2008

Emergency Preparedness Workshops

Free and open to all Oak Bay residents. Please pre-register at 592-9121 (Fire Hall) or coordinator@oakbayemergency.com

Wednesdays, January 16 & 23, 2008 (2 part course)

Disaster First Aid

6pm-9pm, Windsor Park Pavilion (Windsor at Transit)

Learn to how to Triage & apply First Aid.

Instructor: St. John Ambulance

Saturday, February 16, 2008

Fire Extinguishment Training

10am-Noon, Oak Bay Fire Hall, 1703 Monterey Avenue

Learn about how to properly use a Fire Extinguisher.

Instructor: Oak Bay Fire Department

Tuesday, February 5, 2007

Rapid Damage Assessment

6:30pm-9pm, Windsor Park Pavilion (Windsor at Transit)

Learn to do a basic post-earthquake assessment of residential structures

Instructor: BC Housing

Individual & Family Preparedness Workshops

Available in 2008

Oak Bay: Building a Disaster Resilient Community

"Neighbors Helping Neighbors"

Contents:

- ♥ Emergency Preparedness Workshops (sidebar), p.1
- ♥ Public Information Sessions: Guest Speakers, p.1
- ♥ Emergency Social Services (ESS)- What is it? p.2
ESS Training Schedule, p.2
- ♥ Vancouver Island Emergency Preparedness Conference, p.2
- ♥ Oak Bay Mapping Project, p.2
- ♥ Communications Team, p. 2
- ♥ Basic Home Emergency Preparedness Kit, p.3

Public Information Sessions

The Oak Bay Emergency Program (OBEP) hosts **Public Information Sessions** the 2nd Tuesday of every month (except for July & August) at 7:30pm at **Windsor Park Pavilion**, 2451 Windsor.

December 11th, 2007, 7:30 pm

OBEP Update & Social
All Welcome!

January 8th, 2008, 7:30 pm

Guest Speaker:
Maiclaire Bolton, Provincial Emergency Program (PEP)

February 12th, 2008, 7:30 pm

Guest Speaker:
Sybille Sanderson, Cowichan Valley Emergency Coordinator

March 11th, 2008, 7:30 pm

Guest Speaker:
Hydro: Hands on Safety,

For more information, contact Dave Cockle, Deputy Emergency Coordinator and Deputy Fire Chief at 592-9121 or coordinator@oakbayemergency.com

Emergency Social Services (ESS)

ESS is a community-based provincial emergency response program. Trained ESS volunteers provide temporary relief (typically 72 hours) to individuals and families so they can begin to plan their next steps after an emergency or disaster-ranging from a single house fire to calamities involving mass evacuations. ESS can provide evacuees with **primary services** such as food, shelter, clothing and family reunification and **specialized services** such as personal services, volunteer services, public information, first aid, disaster child care, pet care and transportation.

The **Oak Bay Emergency Social Services (ESS) Team** meets the 4th Tuesday of every month (except December, July & August) at 7:00pm, basement meeting room, Oak Bay Municipal Hall (entrance east side of building). Information/Orientation sessions for interested and new ESS volunteers are held outside regular meetings. For more information, contact **Sonja Ruthe**, Sonja.ruthe@telus.net *Volunteer Coordinator* or **Dave Cockle**, *Deputy Emergency Coordinator and Deputy Fire Chief* at 592-2191 (Fire Hall) or coordinator@oakbayemergency.com To **Register for ESS Training**, contact **Liane Beattie**, *Training Coordinator* at 298-1224 or wcoastgirl@hotmail.com

Emergency Social Services (ESS) Training

All Regional ESS Training is free and open to all ESS team members. The prerequisite for all courses is the “**Intro to ESS**” self-study course. Want to find out more, attend the next **Information Session, December 5th** or contact Liane (above)

Wednesday, December 5, 2007

Information & Orientation for New & Interested ESS Volunteers

7pm-8:30pm, Location TBA

Wednesday, November 14, 2007

Inquiry, Search & Reply (pre-requisites required)

7pm-9pm, Canadian Red Cross

Saturday, November 24, 2007

Family Reunification for Supervisors (pre-requisite Inquiry, Search & Reply); 9am-4pm, Canadian Red Cross

Saturday, January 19, 2008

Reception Center Operations (pre-requisite-Intro to ESS)

9am-4pm, Justice Institute

Saturday, February 2, 2008

Registration & Referral (pre-requisite- Intro to ESS)

9am-4pm, Justice Institute

Saturday, February 9, 2008

Documentation (pre-requisite- Reception Center Operations; Registration & Referrals)

9am-noon, Justice Institute

Saturday, February 9, 2008

Inquiry, Search & Reply (pre-requisite- Reception Center Operations; Registration & Referrals; Documentation)

1-4pm, Canadian Red Cross

Vancouver Island Emergency Preparedness Conference *Building Bridges: Working Together*

For front line volunteers & staff

April 18th-20th, 2008
Saanich Fairgrounds

Oak Bay Community Visioning and Mapping Information Session



Thursday, November 15th
7:30-9:30pm

Windsor Park Pavilion, Sports Room 2
Join us in paying tribute to the life & work of Roger Colwill.

Interested in becoming an amateur or ham radio operator?

Contact Philip Lin at dsfa@islandnet.com.

The **Communications Team** meets weekly “on the air” on Wednesday evenings on Amateur Radio VHF (MHz at 6:45pm) & UHF (446.275 MHz at 7:00pm) and Citizens Band (Channel 30 at 7:15pm).

EMERGENCY PREPAREDNESS starts with YOU!

Prepare to be self-sufficient for a minimum of 72 hours (a week is recommended), while emergency responders help those in urgent need.

**Be Prepared! Make a Kit!
Have a Plan!**

Home Emergency Kit

The tasks and items to assemble a basic home emergency kit are;

Get ready; find or buy a backpack, duffel bag, suitcase or plastic garbage can with wheels (size depends upon the number in your family); decide on an easy-to-reach, accessible place such as your front closet, mud-room or shed to store your Home **Emergency Kit**; make sure everyone in your family knows where it is located.



Water; at least two litres of water per person per day. Include small bottles that can be carried easily in case of an evacuation order. Remember to include water & food for your pets.

Food; that won't spoil, such as canned food, energy bars and dried foods (remember to replace the food and water once a year).

Manual can-opener (for human and pet food).

Flashlight (and batteries) or wind-up flashlight.

Candles and matches or lighter (remember to place candles in sturdy containers).

Radio; wind-up or battery- powered (and extra batteries)



First Aid Kit

Special items; such as prescription medications (copy of prescriptions), infant formula, diapers and equipment for people with disabilities

Extra keys for your car and house.

Some **cash** in smaller bills, such as \$10 (travellers cheques are also useful) and change or prepaid phone cards for pay phones.

Whistle (in case you need to attract attention).

A copy of your **emergency plan** and contact information.

Also consider the following; keep sturdy shoes readily available • include personal toiletries, clothing and shelter (tents, sleeping bags) • take a first aid course • assemble an emergency kit for your vehicle/work • quake-proof your house

Emergency Plan

Develop a **family emergency plan** and practice it regularly.

- know the **risks in your region**
- identify at least two **escape routes** from your home and neighborhood
- identify a couple of **safe family meeting places** that are open spaces and accessible so you can walk to them
- check the **emergency policies** at your school or daycare
- address any **special health needs** of children and elderly family members
- identify an **out-of-province phone contact** to call and check in with; ensure everyone in your family knows the number and plan
- photocopy **local contact information & important documents** (keep in your Home Emergency Kit & individual Grab and Go Bag)